Please ask a member of staff for advice on allergens Gluten free bread options available

LIGHT BITES

Vegetarian Soup of the Day £6

served with in-house bread rolls or Coombeshead sourdough & croutons

Homemade Houmous and Pitta Bread £4.75

served with salad garnish and chilli oil

Jericho's Bread Rolls £2.50

with dipping oil or butter

QUESADILLAS

OUR CORNISH TWIST ON A MEXICAN CLASSIC

Homemade toasted tortilla wraps served on a bed of fruity couscous, salad garnish, toasted seeds & salsa

Sweet Chilli Chicken £10.95

gently spiced chicken breast, roasted peppers, sweet chilli, mayonnaise and rocket

Roasted Vegetable £10.95

peppers, onion, green pesto, tomato, mozzarella and rocket

Cornish Bacon and Brie £10.95

with grape, redcurrant & rocket

HOT DISHES

Baked Mac with 2 cheeses £8.50 add bacon £9

macaroni in a smoked & cheddar cheese sauce topped with cherry vine tomatoes served with a salad garnish

Frittata of the Day £8.95

made with an array of roasted vegetables topped with one of our cheeses served with salad garnish, toasted seeds & the Jericho's selection of salads

Jericho's Ham Egg & chips £10.25

home cooked & glazed Cornish Ham with a free range egg, hand cut, triple cooked garlic & thyme infused chips, salad garnish & toasted seeds

Handmade Breaded White Fish Goujons £11.95

with lemon mayo, salad and either couscous or carrot salad

SALADS

Tiger Prawn & Mango Salad £11.50

with chilli, honey and coriander dressed leaves & lime marinated mango

Caesar Salad £10.25

pan seared chicken breast, diced smoky bacon, croutons, broccoli & cauliflower florets and traditional caesar dressing

Mexican Chicken Salad £10.50

hot spiced chicken breast, avocado, Jericho's bean salad, sweetcorn, sour cream, tortilla crisps and in-house salsa

> All our chicken is Bray Farm Paddock Chicken

SANDWICHES

Jericho's rough cut sandwiches served with Tyrrells crisps, salad garnish & toasted seeds with a choice of granary or white bread, gluten free rolls available

Smoked Salmon & cream cheese £7.95

lemon, pepper, cucumber and rocket

Choice of Cornish cheese £6.95

homemade chutney and rocket

Jericho's Club £7.95

Moroccan seasoned chicken, mayonnaise, chilli, Cornish smoked bacon & lettuce

GOURMET BURGERS

All burgers homemade with fresh herbs & natural seasoning served in a brioche gourmet bun with hand cut, triple cooked garlic & thyme infused chips, salad garnish & toasted seed

Fully Loaded Beef Burger £11.75

with melted cheese, onion rings, gherkin, relish, BBQ sauce & lettuce add bacon + £1.25

Lamb & Mint Burger £10.75 with tzatziki, cucumber & lettuce add onion rings + £1

Paddock Chicken Burger £11.75

with lettuce, tomato & mayo add avocado + £1 add onion rings + £1

JACKET POTATOES

All oven baked potatoes served with salad garnish & toasted seeds

Homemade Beef Chilli £9.25

served with sour cream, salsa, avocado, jalapeños & coriander

Smoked Salmon & Crayfish tails £9.25

chilli sauce & lemon mayo

Cheese Medley £9.25

red pesto cream cheese with red onion chive, melted yarg, brie & smoked cheeses

STEAKS

Cornish Rump Steak £17.00

Cornish Ribeye Steak £21.00

All our steaks are from a native breed, matured for at least 3 weeks and come with hand cut, triple cooked garlic & thyme infused chips, salad garnish & toasted seeds, marinated sun blush tomatoes & mushrooms plus homemade onion rings & sauce of the week

SIDES

Homemade salads £2.25

Jericho's slaw, carrot salad or fruity couscous

Italian Marinated olives £3.50

Jericho's Hand Cut Chips £4.25

hand cut, triple cooked garlic & thyme infused chips

Sweet Potato Fries £3.25